

Weekly Update

January 10th, 2017

January is all about our National sports, Hockey and Lacrosse, with a little boxing mixed in! Here's what's coming up this month, watch your inbox for full details:



- **Hockey** – January 14
- **Sledge Hockey**–January 17
- **Lacrosse** – January 22
- **Boxing** – January 31

DYK the Lethbridge Public Library has loanable equipment? They have snowshoes, washer toss, flag football, lawn darts, horseshoes, walking poles and TONS more!

They have generously provided #YQLChallenge participants with \$5 off coupons, valid on new memberships. To find out how to get yours, email programs@lethbridgesportcouncil.ca

150 THINGS TO DO IN 2017
#YQLCHALLENGE
LETHBRIDGE SPORT COUNCIL

VOLUNTEER

Volunteer sign up is now open for the 2017 World Curling Championships being held at the ATB Centre April 22-29, 2017. For details and to sign up, go to www.lethbridgecurlingclub.com and click on the volunteer now link.

150 STORIES

This week's featured story is from Heather Pearson, and her transition from Mom to Hockey Mom, as her son laces up in LMHA's First Shift program.

Visit lethbridge2017.ca to read more

CHEER ON!

Lots of chances to cheer this weekend coming up! On Friday night the U of L Pronghorn Men and Women's Basketball and Women's Hockey teams are in action, as well as the College Kodiak Women's Basketball team. On Saturday you can take in the 21st Ironman Archery ProAm Shoot off, and the U of L Pronghorns are back at it with Men's and Women's basketball and Men's Hockey. The Hurricanes have home games both Friday and Saturday night. Visit lethbridge2017.ca for game times and details.

